

## Claims

1. Headrest (10), in particular for a motor vehicle seat, **characterized by** at least one element which is displaceable relative to a retaining device (12) of the headrest (10), wherein the at least one element can be displaced, in part and/or entirely, about at least one horizontal rotation axis and/or at least one vertical rotation axis, and can be locked in selectable, displaced positions.
2. Headrest according to claim 1, **characterized in that** the headrest (10) is formed in two sections, wherein a first section (16) enables displacement about the at least one vertical rotation axis, and a second section (18) enables displacement about the at least one horizontal rotation axis.
3. Headrest according to one of the preceding claims, **characterized in that** the first section (16) is connected to the second section (18) by at least one friction connection.
4. Headrest according to one of the preceding claims, **characterized in that** the first section (16) is comprised of three partial segments (24, 26, 28), wherein each of the partial segments (24, 26) is connected to the partial segment (28) via a respective film hinge (30).
5. Headrest according to one of the preceding claims, **characterized in that** the partial segments (24, 26) are connected to the second section (18) by at least one, preferably two friction connections.

6. Headrest according to one of the preceding claims, **characterized in that** the partial segments (24, 26) comprise friction elements (66) which cooperate with guide members formed on the second section (18).
7. Headrest according to one of the preceding claims, **characterized in that** the friction elements (66) comprise slots (68) which are open toward the edge, with the guide members engaging in the slots (68).
8. Headrest according to one of the preceding claims, **characterized in that** the second section (18) is connected to the retaining device (12) via a friction connection.
9. Headrest according to one of the preceding claims, **characterized in that** the retaining device (12) comprises a sleeve (50), through which an arm (48) of the retaining device (12) extends and which is connected to the second section (18).
10. Headrest according to one of the preceding claims, **characterized in that** the sections (16, 18) are shell-shaped, wherein an inside contour (42) of the first section (16) is matched to an outside contour (40) of the second section (18).